



BALANCE4kids

**Balance4kids will be hosting an informational training by
Ashley Zaninovich, BCaBA**

Active Listening/Reflective Responses

Goals of Crisis Communication

Nonverbal and Verbal Communication

Active Listening to de-escalate a potential crisis

Assess another persons feelings and communicate understanding

Demonstrate Reflective Responses

Power Struggle

Describing components of the power struggle

Strategies to stop the power struggle

Disengage from a power struggle

Avoid getting into power struggles

Emotional First Aide: A tool to help de-escalate your student

Go over strategies to give Emotional Fist Aid

Use Co-Regulation skills to help the student to de-escalate

Demonstrate how to use Emotional First Aid with your student



Ashley Zaninovich has worked with Balance4Kids since 2003 and has been a Therapeutic Crisis Intervention Trainer (TCI) for the Balance4kKids staff for the past seven years.

Ashley is currently studying at JFK University for her Masters in Counseling Psychology and consults with Balance4Kids as a behavior specialist.

October 6th, 2015

4:00 pm to 6:00 pm

Location: The Cottage at the Balance4kids office

4500 Soquel Dr., Soquel

For more information and to RSVP:

BALANCE 464-8669