



BALANCE4kids

**Balance4kids will be hosting an informational training by
Ashley Zaninovich, BCaBA**

Managing Aggressive Behavior

Review types of aggression

Responses to aggression

Intervention strategies appropriate to the type of aggression

Non Verbal Communication

Looking at how personal space, body language, eye contact and more, effects a stressful situation

Avoiding aggressive nonverbal behaviors in a stressful situation

Elements of a potentially Violent Situation

Ways to reduce or eliminate elements of a potentially violent situation

How to select an element to remove in order to de-escalate the situation

Crisis Co-Regulation

Describe how Co-Regulation strategies can reduce risk in a crisis

Strategies in Crisis Co-Regulation

Demonstrate Strategies

Identify our own thoughts when dealing with a potentially violent situation



Ashley Zaninovich has worked with Balance4Kids since 2003 and has been a Therapeutic Crisis Intervention Trainer (TCI) for the Balance4kKids staff for the past seven years.

Ashley is currently studying at JFK University for her Masters in Counseling Psychology and consults with Balance4Kids as a behavior specialist.

October 20th, 2015

4:00 pm to 6:00 pm

Location: The Cottage at the Balance4kids office

4500 Soquel Dr., Soquel

For more information and to RSVP:

BALANCE 464-8669