



# BALANCE4kids

**Balance4kids will be hosting an informational training by  
Rebecca Bogdan**

## **Medical Procedure Training**

Skills practiced:

- Diastat administration
- Seizure recognition and intervention
- Review of Heimlich maneuvers
- Time for individual questions and answers on healthcare topics related to your clients



Rebecca Bogdan is a certificated school nurse who has worked in the Special Education department of the Santa Cruz County Office of Education for 16 years. She holds Bachelors degrees in Nursing and Latin American Studies and has done graduate work in public policy at the Panetta Institute at Cal State Monterey Bay. She is a public health nurse and a 2010 Fellow of the University of Massachusetts Infant Parent Mental Health Post Graduate Certificate Program. She is a certified infant massage teacher, certified childbirth educator, a student of massage therapy and practicing aromatherapist.

**February 4th, 2016**

**4:00 pm to 6:00 pm**

**The Cottage at the Balance4kids office  
4500 Soquel Dr., Soquel**

**For more information and to RSVP:  
BALANCE 464-8669**