



# **BALANCE4kids**

**In collaboration with SUESD**

## **Therapeutic Crisis Intervention (TCI) Re-Certification**

**Presented by Ashley Zaninovich, and Matt Merrill, Certified TCI Trainers**

Therapeutic Crisis Intervention (TCI) offers staff the tools to de-escalate potential crisis and teach children new coping skills. Physical interventions are taught for emergencies only.

This training will cover:

- Preventing and de-escalating potential crises
- Effectively managing acute crises
- Reducing potential and actual injury to children and staff
- Reducing or eliminate the need for physical intervention
- Supporting youth in learning constructive ways to handle stressful situations
- Developing a learning circle within the organization

Due to the nature of the course material, your active participation is essential. There will be many opportunities to practice verbal intervention techniques throughout the training. Please plan to wear slacks or sweats, athletic or walking shoes, and loose, comfortable clothing for the entire training. Sandals, open-toed shoes, clogs and dress shoes are not appropriate for the physical activities. All Participants must read and sign the Physical Training Participation Guidelines. Participants completing the physical interventions must only participate if physically and medically able to do so. Since these techniques require moderate to strenuous activity, we recommend that you try stretching before and after the training days. This will help reduce stiffness and soreness.

**This is a one-day training. Full attendance is required.**

**To register please RSVP to [ashley@balance4kids.org](mailto:ashley@balance4kids.org)**

**The training will begin promptly at 9 a.m.**

**August 17th, 2015**

**Time: 9:00am to 5:00pm**

**Location: Soquel District Office Board Room**

**620 Monterey Ave, Capitola**