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- Therapeutic Crisis Intervention (TCI) is a 4 day training, working with de-escalation and behavioral techniques.
  - Yearly TCI Re-Certification courses for all districts
  - CPR/First Aid
  - Medical Procedure Trainings
  - Monthly workshops
  - Fire Side Chats
  - On-site staff support training as needed provided by Board Certified Behavior Specialist and associates



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## Our Mission

**The BALANCE organization will address the needs of children with disabilities in a collaborative model with private organizations, parents, and public schools working together. We seek to increase student success in the school and home setting by bringing alternative supplemental programs to public education and the home. BALANCE4kids seeks to support existing resources for children with disabilities through our various programs.**

BALANCE4KIDS  
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## BALANCE4KIDS TRAININGS

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BALANCE4kids understands the value of a highly trained, skilled workforce, and as such provides trainings throughout the year.



**Therapeutic Crisis Intervention is provided to North Santa Cruz County School Districts.**

**Trainers are provided at no cost to the school districts.**

**Trained staff are supported by TCI Specialists at their individual school sites.**

**The Purpose of the Training:**

**Therapeutic Crisis Intervention offers staff the tools to de-escalate potential crisis and teach children new coping skills. Physical interventions are taught for safety only, and incorporate the following**

- Prevent and de-escalate potential crises
- Effectively manage acute crises
- Reduce potential and actual injury to children and staff
- Reduce or eliminate the need for physical intervention
- Support youth in learning constructive ways to handle stressful situations

# TRAINING SCHEDULE

The following is a detailed list of trainings that BALANCE4kids offers



**Medical Procedure Training**

Diastat administration  
Seizure recognition and intervention  
Individual questions and answers on healthcare topics  
Gastronomy Tube Training

**Fire Side Chat**

This is an unstructured and supportive confidential environment. Having the ability to ask for peer support in a safe and confidential environment can help to bolster an employee's longevity in the job and in the field.

**Monthly Trainings**

- \*Sensory Experiences and the impact on Learning Performance
- \*Assessing Skill Deficits
- \*Contingent vs. Non-contingent reinforcers
- \*Managing Aggressive Behaviors

**On-Site Training**

Motivational tools are provided to BALANCE4kids employees such as: behavior contracts, earning programs, tangibles, social stories, sensory integration tools, de-escalation modeling, and data collection instruction.

**Medic First Aid/CPR**

Training is provided to BALANCE4kids employees, school district employees, and other local agencies. Training includes Adult/Infant CPR, AED, and First Aid.

**TCI- Recertification**

One or two day trainings are provided annually by BALANCE4kids to ensure all trained TCI staff are up to date with their certification.